

Sea Kayak Scotland . Com

Introduction to Sea Kayaking on the Isle of Seil **Level 1**

You can choose 1 or 2 days, no previous experience required.

Outline

Based on the Isle of Seil near Oban with lots of choice and shelter, you don't need to be more than 50 m from shore and usually much closer.

In the beautiful waters on the sheltered side of Seil we will introduce you to Sea Kayaking.

Starting with basic skills and safety in the morning, followed by lunch on a small island we could end the day with a gentle paddle towards the Atlantic Bridge, and wind and tide permitting take in a drink at the famous Tigh na Truish Inn.

Or we might launch at Cuan Sound, a place where the tides can be strong but we pick a time so that the tide will take us gently towards the islands and close to a Seil colony and then as if by magic (but really the moon) the tide will turn and take us home.

On previous trips our clients have encountered seals, feral goats, otters, heron, buzzard, sea eagle, roe deer and dolphins. This truly is the perfect introduction to Sea Kayaking.

We supply

Kayaks in a range of sizes
Super light paddles
One piece paddle suit or cags if preferred
Buoyancy aids/PFD
Warm paddle mitts (some people get cold hands even in Summer)

What to bring

Packed lunch and drink, there is a good shop nearby.
Sunglasses and Sunblock

How to get here

There are good transport links to Oban from around Scotland.

From Oban it is a short and beautiful drive across the world famous Atlantic bridge past the "Hall of the Trousers!" and on to us. We will send detailed directions.

Or we can arrange pick up and drop off in Oban.



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